Guide to Health Risk Assessment and Stratification

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Welcome to the Healthcare Intelligence Network’s *Guide to Health Risk Assessment and Stratification*. When we conducted our annual survey on health risk assessments in 2010, we found that more than 67 percent of healthcare organizations use health assessment tools to gauge health risk factors in their population and identify potentially high-risk, high-utilization individuals. Healthcare case managers are stratifying individuals to more effectively coordinate care and allocate case management resources. These tools are at work in health plan offices, the medical home, hospital emergency rooms (ERs), and nursing homes and long-term care facilities. Everyone wants to reduce avoidable healthcare utilization costs, and risk assessment is the gateway to these potential savings.

The *Guide to Health Risk Assessment and Stratification* describes how a carefully planned health risk assessment (HRA) effort can lead to targeted interventions and improved self-management, which can help to reduce avoidable hospital readmissions, ER visits and other healthcare utilization.

Each chapter in this guide delivers the guidance required by healthcare organizations to structure a comprehensive risk assessment and stratification program:

- ✔ Chapter 1: Overview
- ✔ Chapter 2: From HRA Participation to Payoff
- ✔ Chapter 3: Targeting the High-Risk
- ✔ Chapter 4: Stratifying for Case Management
- ✔ Chapter 5: Matching Risks to Interventions
- ✔ Chapter 6: ROI from Risk Reduction
- ✔ Chapter 7: Care Management Connection
- ✔ Chapter 8: Q&A

The *Guide to Health Risk Assessment and Stratification* will help your organization to identify your costliest populations and put them on the path to more appropriate and cost-effective use of healthcare resources.

*Melanie Matthews, HIN executive vice president and chief operating officer*
In Guide to Health Risk Assessment and Stratification, 12 industry thought leaders describe the processes of health risk assessment (HRA) and stratification as well as applications and benefits of health assessment in the workplace and various healthcare settings.

This 140-page guide also examines the HRA’s impact on cost, utilization and patient health status. The resource contains more than 77 images, and the Q&A chapter answers more than 60 questions on HRAs.

Includes:

- Online Tools to Facilitate a Wellness Program;
- Using Predictive Models to Identify High-Risk Populations;
- Time Constraints and Frequency of HRAs;
- Traditional and Modern Approaches to Stratification;
- Five Domains of Patient Assessment for Case Selection;
- Measuring Financial Impact: ROI vs. Net Savings;
- Staffing Case Management Programs.

Yes, I need to learn how implementing HRA programs can lead to targeted interventions and improved self-management to reduce avoidable hospital readmissions, ER visits and other healthcare utilization. Please send me my copy of Guide to Health Risk Assessment and Stratification today for $352.

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